

# 2019 National Clubs

## Carnival

Level 10 - Day 2

(Sunday 29 September)

### Apparatus 1 - SAND

Session 1 - Level 10

**General Warm Up: 8:00am - 8:20am**

**Apparatus Warm Up: 8:20am - 9:20am**

**Competition: 9:30am - 11:30am**

**VT** Wollongong City Gymnastics (5) & Gold Coast Gymnastics (1)

**UB** Eclipse Team 2 (3) & Eclipse Gymnastics Team 3 (4)

**BB** Eclipse Gymnastics Team 1 (4) & Western Districts (1) & Flyaway (1) & Jets (1)

**FX** Eastern Gymnastics Academy (4) & Infinity Gym Sports & Health (2)

Session 2 - Level 10

**General Warm Up: 10:00am - 10:20am**

**Apparatus Warm Up: 10:20am - 11:20am**

**Competition: 11:30am - 1:30pm**

**VT** Maroochy Beach Gymnastics Club (5)

**UB** Balance Gymnastics (5)

**BB** Shire Gymnastics (6)

**FX** MLC Gymnastics (4) & Canberra City Gymnastics Club (3)

Session 3 - Level 10

*General Warm Up: 12:00pm - 12:20pm*

*Apparatus Warm Up: 12:20pm - 1:20pm*

*Competition: 1:30pm - 3:30pm*

**VT** Delta Gymnastics Brisbane Team 1 (6)

**UB** Premier Gymnastics (5)

**BB** Delta Gymnastics Brisbane Team 2 (6)

**FX** Cheltenham Youth Club (4) & Northern Districts Gymnastic Club (3)

**Please be aware that while Day 2 will reverse rank order from the Day 1 slight alterations may be required to accommodate all teams (eg. smaller teams and individuals may be grouped together)**