

Level 8 - Day 2 (Monday 23 September)

Apparatus 1 - SAND

Session 1 - Level 8

General Warm Up: 9:30am - 9:50am

Apparatus Warm Up: 9:50am - 10:50am

Competition: 11:00am - 1:00pm

VT Geelong YMCA Team 2 (4)
UB Manly Warringah Gymnastics Club (5)
BB Southern Canberra Gymnastics Club (3)
FX Icon Gymsports (4)

Session 2 - Level 8

General Warm Up: 12:00pm - 12:20pm

Apparatus Warm Up: 12:20pm - 1:20pm

Competition: 1:30pm - 3:30pm

VT Cheltenham Youth Club (5)
UB Bunnerong Gymnastics (5)
BB Waverley Gymnastics Centre (5)
FX Canberra City Gymnastics Club (4)

Session 3 - Level 8

General Warm Up: 2:00pm - 2:20pm

Apparatus Warm Up: 2:20pm - 3:20pm

Competition: 3:30pm - 5:30pm

VT Premier Gymnastics Team 1
UB Delta Gymnastics Brisbane (6)
BB Tamworth Gymnastics Club (6)
FX Jets Gymnastics Diamond Creek (5)

Apparatus 2 - SURF

Session 1 - Level 8

General Warm Up: 9:30am - 9:50am

Apparatus Warm Up: 9:50am - 10:50am

Competition: 11:00am - 1:00pm

VT Southport (3) & Australian Academy of Gymnastics (1)
UB Western Districts Youth Club Team 2 (4) & So Fun Gymnastics (1)
BB Lawnton Academy of Artistic Gymnastics (4) & Gungahlin Gymnastics (1)
FX Northern Districts Gymnastic Club (4) & Pulse (3)

Session 2 - Level 8

General Warm Up: 12:00pm - 12:20pm

Apparatus Warm Up: 12:20pm - 1:20pm

Competition: 1:30pm - 3:30pm

VT Maroochy Beach Gymnastics Club (4) & Sydney Gymnastics Centre (1)
UB Western Districts Youth Club Team 1 (4) & Premier (2)
BB Kingborough Gymsports (4)
FX Geelong YMCA Team 1 (5)

Session 3 - Level 8

General Warm Up: 2:00pm - 2:20pm

Apparatus Warm Up: 2:20pm - 3:20pm

Competition: 3:30pm - 5:30pm

VT Active Gymnastics (5)
UB Saints Gym Club (5)
BB Gold Coast Gymnastics (3) & Flyaway Gymnastics (3)
FX PIT Gymnastics (5)

Please be aware that while Day 2 will reverse rank order from the Day 1 slight alterations may be required to accommodate all teams (eg. smaller teams and individuals may be grouped together)