



Event Information Bulletin 4

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Gymnastics
Australia

MAJOR EVENTS
GOLDCOAST™



Welcome

The purpose of this document is to provide up to date event information to all clubs across Australia.

Future bulletins will be published on the National Clubs Carnival website. Please continue to check the website regularly for the most up to date information.

Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

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	South Melbourne	E-mail	events@gymnastics.org.au
	Victoria 3205	Website	www.gymnastics.org.au

The team at Gymnastics Australia are committed to providing you with a high-quality event that will be a memorable and worthwhile part of your gymnastics journey.

Due to the ongoing impact and ever-changing nature of the COVID-19 virus, Gymnastics Australia may not be able to deliver a full National Clubs Carnival program in 2021 as planned. All decisions will be made based on credible evidence and in the best interest of the health of all involved. Final decisions on event delivery and operations will be in line with both Federal and State guidelines and restrictions. All events will be delivered in line with Gymnastics Australia's COVID Safe Plan.

Competition Rules & Regulations

The 2021 National Clubs Carnival will be conducted under the 2021 Technical Regulations and FIG Code of Points 2017 - 2021 for the respective GymSports. These documents are currently available on the Gymnastics Australia website.

Competition Entry Fees

Definitive Entries

Definitive entry for the 2021 National Clubs Carnival will be \$160 (inc GST) per athlete per GymSport. Athletes who wish to participate across multiple GymSports will be required to pay multiple entry fees.

All definitive entry fees include the following;

- Participation in the 2021 National Clubs Carnival
- 2021 participation medal
- Access to athlete workshops & social functions where applicable
- Unrestricted spectator access to the event

Additional Fees

- Late Entry Fee: \$300 plus the total entry fee per athlete entered into the event after the definitive entry cut-off date
- Late / Additional Coach & Judge Entry Fee: \$150 This applies to all coaches and judges who are submitted into the event after the definitive entry cut-off date



- Late music or music changes after the due date: \$50 per piece of music
- Judges fines will apply to those clubs who do not provide an appropriate judge for the competition. The judges fine is set at \$500 per day

Refunds

- Clubs have now been refunded for all definitive entries for the postponed July event
- Withdrawals related to Covid-19 will be fully refunded
- Refunds, less a 20% admin fee due to injury will be accepted upon receipt of a valid medical certificate.

Entry Dates

Provisional Entries

GfA, WAG L8-Senior International, TRP, AER & ACR

Opens: Tuesday 1st June, 3:00pm

Closes: Thursday 1st July, 3:00pm

WAG Level 5-7, MAG & RG clubs do NOT need to resubmit provisional entries. Provisional entries for these divisions will carry over to the rescheduled events.

Definitive Entries

All Gymsports – September AND October events

Opens: Monday 5th July, 3:00pm

Closes: Monday 2nd August, 3:00pm

All entries for the National Clubs Carnival will be submitted online via the Club Portal. To submit your clubs' provisional entries, your club administrator will need to log into the Club Admin Portal and follow the prompts. If you require assistance, please email support@gymnastics.org.au

Competition Schedule

Please check the NCC website for the draft competition schedules that have been developed for the September & October events since the provisional entries closed on the 1st July.

<https://www.nationalclubscarnival.com.au/compschedule/>

Please Note: Changes to the draft schedule are likely to occur once Gymnastics Australia receives definitive entries. GA will not be held responsible for accommodation and transport costs incurred due to changes in the schedule. Final schedule will be released after definitive entries are received and final numbers across all GymSports are known.

Competition Venue

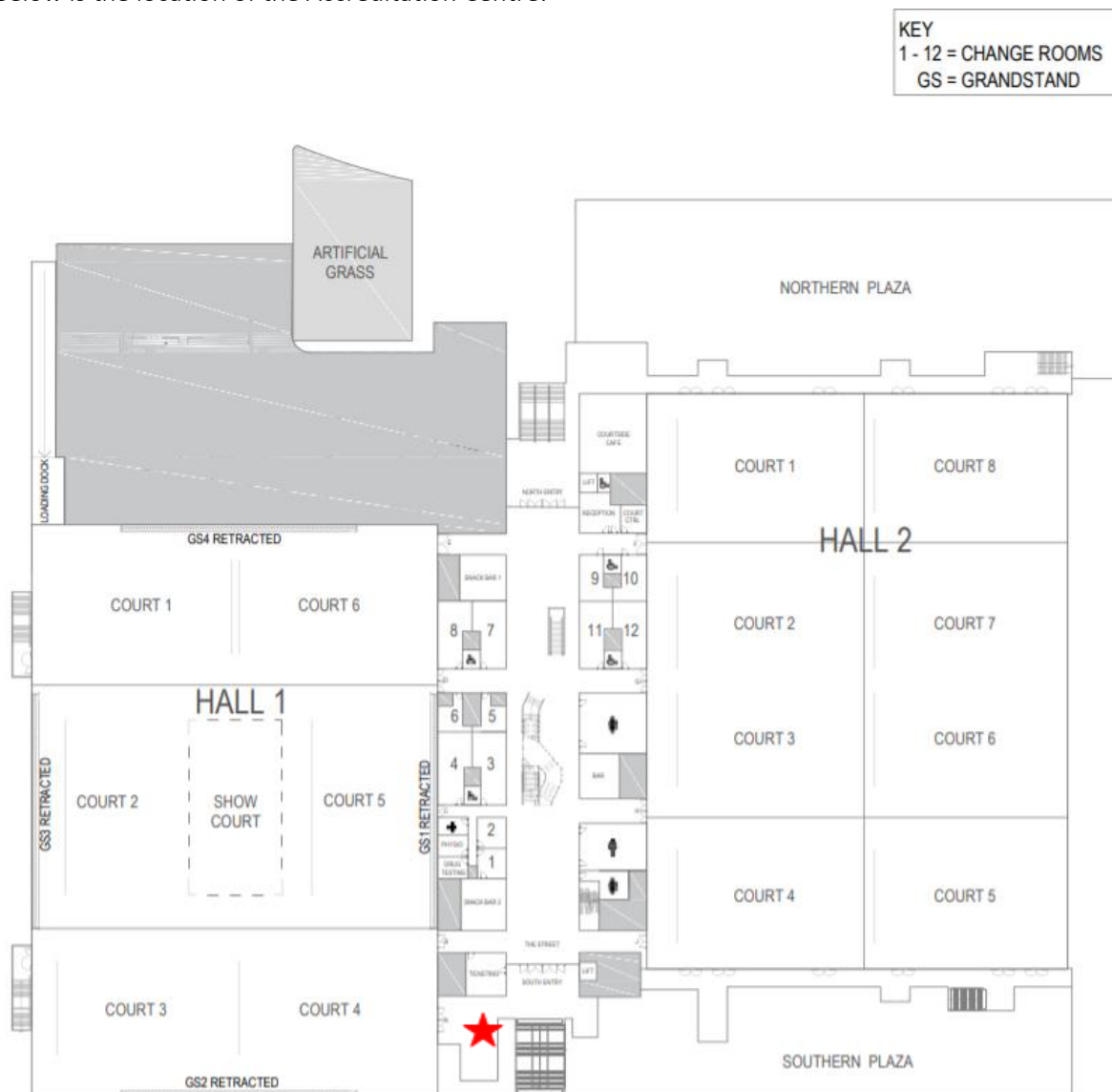
All competition will be held at the Gold Coast Sports and Leisure Centre.

<https://www.goldcoast.qld.gov.au/thegoldcoast/gold-coast-sports-leisure-centre-32198.html>

The location for the GfA outdoor performance is being finalised will be communicated as soon as possible.

Venue Maps

Below is the location of the Accreditation Centre:



★ Accreditation Centre



Equipment

Competition equipment will be supplied by Spieth and Eurotramp at the 2021 National Clubs Carnival.

The equipment used for Gymnastics for All will be combination of Spieth and Eurotramp with additional equipment being supplied by Amco Gymnastics. A full list of additional equipment will be available in future bulletins.

It is important that you check your respective GymSports 2021 Technical Regulation for the use of additional matting, equipment requirements and any special conditions for this event.

Level Award Testing

This year Gymnastics Australia will be offering Level Award Testing to the following GymSports;

- MAG
- WAG Levels 5 – 10
- TRP
- ACR Level 4 – 10

Clubs and athletes who wish to participate in this will need to opt in at the time of definitive entries. The fee for Level Award Testing will be \$10 per athlete. Those athletes who successfully achieve their level pass park will receive their cloth badge at the event.

For WAG & MAG, these badges will be awarded during presentations at the end of day 2 competition however athletes can achieve the required score on either Day 1 or Day 2 of competition.

Official Event Athlete T-shirt

Official athlete T-shirts will be available for purchase again at this year's National Clubs Carnival. T-Shirts can be purchased directly from Special Event Merchandise for \$40 each.

Parents and Guardians can place individual orders and pick up their athlete's t-shirt at the venue. Pre-orders are currently open and will close strictly on **Thursday 19 August**. No late orders will be accepted. These t-shirts are only available through pre-order and cannot be purchased at the event. Garments are made to order and cannot be exchanged. Please ensure you order the correct size based on the size charts provided.

Spelling of all athlete names will come from iMIS (the GA member database). Please ensure your athlete's names are correct in the national database. Gymnastics Australia does not take responsibility for names that are incorrectly spelt on the finished product.

All names will be taken from when definitive entries close (2nd August) and any names submitted after this date **will not** appear on the t-shirt.

To pre order your event t-shirt please click the link below;

<https://officialeventmerchandise.com/collections/ncc-athletes-tee>



Member Protection & Child Safety Policy

Gymnastics Australia has solidified its position as a leader in child safety with the launch of a new stand-alone Child Safe Policy alongside a comprehensively reviewed and updated Member Protection Policy.

Both policies are the result of more than nine months consultation and provide clear and comprehensive guidelines for the safety and wellbeing of children within the sport of gymnastics.

The GA website now has a 'Child Safety' tab where you will be able to view the policies and other child safe resources. Click here: <http://bit.ly/2HHglbf>.

Please ensure that all team members are aware of the updated Member Protection Policy.

Music Submission

All music for the 2021 National Clubs Carnival (both September & October events) must be submitted via a dropbox by Thursday, 5th August.

Clubs are required to email events@gymnastics.org.au with the subject link "2021 NCC Music Submission" your club's name and the names and email addresses of those you would like included in your clubs dropbox. DO NOT invite Gymnastics Australia to an existing dropbox – music will not be accepted. Gymnastics Australia will set up the dropbox and send through a link to each club.

All music **must** be labelled in the following ways. Music which is not clearly labelled will not be accepted. Once music has been submitted, a \$50 per piece of music change fee will apply on any new or updated music submitted. Any music submitted late, after the due date, will also incur a \$50 per piece of music fine.

Please see naming conventions below for each GymSport;

Women's Artistic Gymnastics

Athletes Name, Club, Level

Eg: Nicole Smith, Spike Gymnastics, Level 7

Please note: Music for WAG levels 5 & 6 does not need to be submitted however it must be identified at the time of definitive entries.

Rhythmic Gymnastics

Individual: Athletes Name, Club, Level, Apparatus

Eg: Sophie Smith, Twirl Gymnastics, Level 8 Junior, Clubs

Multiples & RFG: Athletes first names, Club, Group

Eg: Sophie, Grace, Emily, Twirl Gymnastics, Gat 3 Trio

Acrobatic Gymnastics

Athletes first names, Club, Level, Routine

Eg: Sarah, Sophie, Jessica, Flip Gymnastics, Level 7, Balance



Aerobic Gymnastics

Athlete(s) Name, Club, Level, Music Name

Eg: Zoe Jones, Hype Aerobics, Level 7 Junior, Can't stop the beat

Gymnastics for All

TeamGym

Team Name, Apparatus, Division

Eg: High Flyers, Mini Tramp, Novice

Gym4Life Challenge

Club Name, Performance Name

Eg: Revolution Gymnastics The Big Bad Wolf

Accreditations

Athlete accreditations can be collected from the Accreditation Centre prior to the first day of competition.

Officials must collect their accreditation in person from the Accreditation Centre. Photo ID & a valid Blue Card (or equivalent) must be brought with to collect the accreditation.

Accreditation Centre times will be included in future Bulletins.

Orientation Meeting

Orientation meeting for all GymSports will be held in the Currumbin Meeting Room (Level 2) on the following dates & times:

Orientation Meeting – TRP & ACR	Tuesday, 7 th September	5:00pm – 6:00pm
Orientation Meeting – GfA	Wednesday, 8 th September	5:00pm – 6:00pm
Orientation Meeting – WAG	Saturday, 11 th September	5:00pm – 6:00pm
Orientation Meeting – AER	Thursday, 16 th September	7:00pm – 8:00pm
Orientation Meeting – MAG & RG	Wednesday, 6 th October	5:00pm – 6:00pm

Other Meetings & Technical Forums

Judges meetings for each of the GymSports will be confirmed after the close of definitive entries

Presentations

In line with the Covid-19 Event Plan, medal ceremonies will take place throughout the event with the following changes:

- Each Gymsport will have a separate ceremony to limit the number of athletes on the Field of Play
- Only medalists and other award winners will be allowed on the Field of Play for the ceremony
- Medal dais will be separated to ensure social distancing can occur
- Presenters will carry awards on a tray to the dais. The medalist will collect the medal directly from the tray. No physical contact (handshakes etc) will take place
- Athlete will be required to walk directly to the dais – no hugging, hand shaking or high-fiving of other medal winners will be permitted

MAG Warm Up Information

Divisions A, B, C & M will complete a full apparatus warm up prior to competition. A 1-touch warm up will then be completed prior to competition.

Divisions D & E will complete general warm followed by 10 minutes apparatus warm up on their first competition apparatus. During competition, a Canadian warm up will be used for all apparatus (excluding first apparatus).

WAG Warm Up Information

In line with the GA Covid Safe Event Plan, the following procedure will take place for general warm up for each session:

- Surf teams will have the sprung floor for the first 5 minutes of general warm up.
- Sand teams will have the sprung floor for the second 5 minutes of general warm up.
- The sprung floor will then be a shared space for the final 10 minutes. Team must ensure Covid-safe distances are maintained.
- Teams can use all other matted surfaces (no equipment) while not on the sprung floor.

Below are the warm-up times & structure for this event:

	Level 5 & 6	Level 7	Level 8	Level 9 & 10	International Levels (FI, JI & SI)
VT	2 vaults per gymnast	2 vaults per gymnast	2 vaults per gymnast (up to 3 if doing salto)	Up to 4 vaults per gymnast	Full apparatus WU prior to competition As per FIG throughout competition
UB	45 seconds per gymnast (team warm up)	60 seconds per gymnast (group warm up)	90 seconds per gymnast (group warm up)	90 seconds per gymnast (group warm up)	Full apparatus WU prior to competition As per FIG throughout competition

BB	Canadian Style (first 3) 60 seconds per gymnast	Canadian Style (first 3) 60 seconds per gymnast	Initial group warm up of 60 sec/gymnast followed by Canadian Style (first 3) 30 seconds per gymnast	Initial group warm up of 60 sec/gymnast followed by Canadian Style (first 3) 30 seconds per gymnast	Full apparatus WU prior to competition As per FIG throughout competition
FX	4 mins per group (First half of Sand & Surf to WU together, then compete, then bottom half of Sand & Surf to WU together, then compete)	4 mins per group (First half of Sand & Surf to WU together, then compete, then bottom half of Sand & Surf to WU together, then compete)	5 mins per group (First half of Sand & Surf to WU together, then compete, then bottom half of Sand & Surf to WU together, then compete)	6 mins per group	Full apparatus WU prior to competition As per FIG throughout competition

An example of the Beam WU for Levels 8-10:

1. Group WU of 6 minutes (1 min/gymnast)
2. Gymnasts 1, 2 & 3 receive an additional 30 sec each
3. **Gymnast 1 competes**
4. Gymnast 4 WU (additional 30 sec)
5. **Gymnast 2 competes**
6. Gymnast 5 WU (additional 30 sec)
7. **Gymnast 3 competes**
8. Gymnast 6 WU (additional 30 sec)
9. **Gymnast 4 competes**
10. **Gymnast 5 competes**
11. **Gymnast 6 competes**

RG Warm Up Information

RG warm up will take place in hall A only. An FIG RG floor plus additional strip matting will be provided in the warm up area. There will be no 'apparatus warm up' on the competition floor. Access to the warm up space is available from 1 hour prior to the start of the competition session. Athletes and Coaches will not have access to the warm up space any earlier.

TRP Volunteer Information

Clubs are strongly encouraged to pre-register all TRP volunteers (spotters, marshals & scorers) well in advance of the event to allow GA sufficient time to perform the relevant Child Safe checks. The initial application does not ask for availability, it is just to register interest. Clubs are asked to register all TRP volunteers as an associated member via the Club Portal.

A session nomination form will be sent separately after the TRP schedule has been released.

Click [HERE](#) to register as a TRP volunteer.



Withdrawal Forms

Please use the below forms for all athlete withdrawals prior to & during the event.

GfA

<https://form.jotform.com/211749392612862>

MAG

<https://form.jotform.com/211748441425858>

WAG

<https://form.jotform.com/211748963292869>

RG

<https://form.jotform.com/211749170056858>

TRP

<https://form.jotform.com/211408213560848>

AER

<https://form.jotform.com/211749137706863>

ACR

<https://form.jotform.com/211748911056860>

Team Sheets

WAG (Level 8-10 Only)

Level 8-10 teams should complete this form to allocate their Team order for all apparatus. Submissions received after the Orientation Meeting will only be accepted due to injury/withdrawal.

<https://form.jotform.com/211778642391866>

Level 5-7 team orders will be allocated by the GA IT & Results Team. These will be made available 24 hours prior to Day 1 of competition via Team App.

MAG (Div A Only)

Division A teams should complete this form to allocate their Team order for all apparatus. Submissions received after the Orientation Meeting will only be accepted due to injury/withdrawal.

<https://form.jotform.com/211748832915866>

Divisions B, C, D, E & M team orders will be allocated by the GA IT & Results Team. These will be made available 24 hours prior to Day 1 of competition via Team App



Change to Apparatus Measurements

WAG (UB raise)

<https://form.jotform.com/211749052592862>

Please use this form for all gymnasts that need the UB raised during competition.

MAG (SR & HB raise)

<https://form.jotform.com/211749529591870>

Please use this form for all gymnasts that need the SR or HB raised during competition.

Changes to WAG Level 8 Awards

Given the larger than expected number of provisional entries, the following changes will occur to WAG Level 8 individual awards.

- All Level 8 athletes will be eligible to compete on Day 2 of competition
- Top 50% team on both Sand and Surf apparatus will progress to the 'awards finals'
- The remaining teams will compete on day 2 however they will not be eligible for team awards
- Level 8 Team Awards will be determined from Day 2 scores only
- Level 8 Individual Awards will be determined from Day 2 scores only
- Any Level 8 athlete who is ranked in the top 10 individual AA, on their respective apparatus (eg Sand or Surf) will guarantee herself and her team members a place in the Finals on day 2 of competition
- Only Level 8's on the 'awards finals' apparatus will be eligible for individual awards

Team App

Gymnastics Australia will be using Team App to communicate with all coaches & judges throughout the event. Teams should download the smart phone app prior to the event. Team app can be found in the [App Store](#) (iPhone) & in [Google Play](#) (android).

Once signed up for the app, please search for the following Teams:

September Event



2021 NCC Part 1
Team Officials

October Event



2021 NCC Part 2
Team Officials

Contact Tracing & Venue Check In

All Covid contact tracing and Venue Check Ins will be done via the Check In QLD app. Anyone entering the Gold Coast Sports & Leisure centre will need to log their attendance via the app each day. Children can be added to their Parents/Guardians account by registering each child in the Frequent Guests section of the app. The Check In QLD app is available in the [App Store](#) (iPhone) & in [Google Play](#) (android).



Check In Qld 4+
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Queensland Government
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QLD Travel Declaration

Teams should complete relevant travel documents in line with the Queensland Government's requirements. Please check the below website for further information:

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/public-health-directions/travelling-to-queensland>

AER Workshop

8:30am to 1pm on Sunday 19th September

Venue: Gold Coast Sports & Leisure Centre

[Click here](#) to register for the Workshop – registrations close at 5pm AEST Monday 30th August 2021.

The workshop will focus on the following:

- Choreography - Basic Aerobic Steps
- Skills - Choosing the Right Skills
- Dance - Body Movement
- New Code of Points 2022 – 2024 - Understanding the new code.

Cost of the workshop:

- National Squad Athlete** - \$25
- Development Squad Athlete** - \$45
- Other Athlete - \$65
- Coaches* - \$0



* Coaches that register but do not attend without prior written notification may face being charged the cost of the Workshop (valued at \$65).

** Athletes that are on both the National and Development Squad for different categories should select 'National Squad Athlete'.

Gymnastics Australia will invoice athletes for the workshop following the close of registrations. Invoices must be paid in full prior to the commencement of the workshop otherwise your spot in the workshop may be withdrawn.

Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations and relevant GymSport manuals. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.