



**2024**

# **National Clubs Carnival**

**Event Information  
Bulletin - July**

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## Welcome

The purpose of this document is to provide up to date event information to all clubs across Australia.

Future bulletins will be published on the National Clubs Carnival website. Please continue to check the website regularly for the most up to date information.

Should you have any questions regarding the event, please do not hesitate to contact us and we will do all that we can to assist.

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	Victoria 3206	Website	<a href="http://www.gymnastics.org.au">www.gymnastics.org.au</a>

The team at Gymnastics Australia are committed to providing you with a high quality event that will be a memorable and worthwhile part of your gymnastics journey.

## Competition Rules & Regulations

The 2024 National Clubs Carnival will be conducted under the [2024 Technical Regulations](#) and FIG Code of Points 2022 - 2024 for the respective GymSports.

These documents are currently available on the Gymnastics Australia website. Please ensure you read all relevant document before submitting entries.

Information around athlete numbers and team sizes can be found in the Technical Regulations for each GymSport.

## Eligibility

To enter the 2024 National Clubs Carnival your club must be affiliated with Gymnastics Australia and not have any outstanding invoices.

All athletes wishing to participate must have a current athlete membership to the club in which they are wishing to represent at the event. All club transfers must be in line with the 'Athlete Transfer Policy' which can be found on the GA website.

All Coaches and Judges entering the event must have a current technical membership with Gymnastics Australia and must have completed any required integrity courses prior to the event.

## Competition Entries

### Definitive Entries

Definitive entries are now open are due to Gymnastics Australia by **Tuesday 6 August, 3:00pm AEST**. All names of participating individuals (athletes, coaches & judges) must be submitted to Gymnastics Australia. Any names submitted after this time will be considered a 'late entry'.

Please click [HERE](#) to access the definitive entry form

Definitive entry fees are calculated per athlete per GymSport and are charged directly to the club entering the competition.

All definitive entry fees include the following for each athlete;

- Participation in the 2024 National Clubs Carnival
- 2024 participation medal
- Athlete social functions
- Access to athlete workshops
- Unrestricted spectator access to the event

Clubs will receive the following;

- 2024 club event participation banner (one per club)
- Discounted access coach/judge professional development opportunities
- 2 complementary 'chaperone' passes for the duration of the respective Gymsport should you club have more than 30 competing athletes in a single Gymsport. These passes will provide spectator access only
- Exclusive group discount offers to Gold Coast theme parks and other attractions

Definitive entry fees are as follows;

GymSport	Entry Fee	Notes
MAG, WAG, RG, TRP, AER ACR	\$180 inc GST per athlete, per GymSport	
GfA	1 program: \$100 2 programs: \$150 3 programs: \$180	A program is defined as FreeG, Performance (Gym for Life) or TeamGym  All include access to athlete workshops, gala performance, showcase performance and social function

Any athlete who enters MAG, WAG, RG, TRP, AER or ACR can enter all GfA events free of charge.

All music is required to be submitted at the time of definitive entries for those relevant GymSports.

Following the close of definitive entries, Gymnastics Australia will publish individual detailed GymSport schedules. These will be published as quickly as possible once entries have been processed.

## Late Entries

Late entries are not guaranteed. Entries will only be accepted if there is space in the competition and no changes to the competition schedule need to be made. Late entries will only be considered for 2 weeks following the close of definitive entries. After this point, late entries will not be considered.

Late entry fees are as follows;

Category	Late Fee	Notes
Late Entry Fee – Individual Athlete	\$300 late fee plus the total entry fee	Applicable to any athlete who enters after the close of definitive entries
Late Entry Fee – Club	25% admin fee of the total late athlete entry fee amount	Applicable to an entire club wishing to enter after the close of definitive entries
Late Coach & Judge Fee	\$150	This applies to all coaches and judges who are submitted into the event after the definitive entry cut-off date
Late music or music changes	\$60 per piece of music	Applicable to all music submitted or changed after the due date
Lost accreditation	\$100	This applies to any lost accreditation that needs to be reprinted onsite at the event

## Judge Requirements and Levies

All clubs are required to provide appropriately qualified judges for the competition/level/division in which your club is participating in. Should your club be unable to supply the correct number of judges, your club will be charged a Judges Levy Fee. Judge requirements for each GymSport can be found in the respective 2024 Technical Regulations.

The judges leavy per day is \$400. This fee will be put towards flights and accommodation and enable Gymnastics Australia to source a judge on your club's behalf.

## Competition Schedule

Draft Gymsport schedules have now been published based on provisional entry data. These schedules will be finalised, including session times, following the close of definitive entries in August. Please be aware that changes to the draft schedule published may occur following the close of definitive entries.

## Orientation Meeting

The orientation meeting will take place online prior to the start of the event. 2 orientation meetings will be offered held however clubs are only required to attend one. Meeting links will be emailed to clubs in August.

- Friday 6<sup>th</sup> September 10:00am AEST
- Sunday 8<sup>th</sup> September 4:00pm AEST

## Music Submission

Gymnastics Australia will set up the dropbox and send through a link to each club. Please email [events@gymnastics.org.au](mailto:events@gymnastics.org.au) with the subject line “2024 NCC Music Submission” your club’s name and the names and email addresses of those you would like included in your clubs dropbox. **DO NOT invite Gymnastics Australia to an existing dropbox – music will not be accepted.**

All music for the 2024 National Clubs Carnival must be submitted via a dropbox by Friday 9<sup>th</sup> August. Any music submitted after this time will incur a music fine.

All music **must** be labelled in accordance with the music submission guidelines for the respective Gymsport. Music that is not clearly labelled will not be accepted. Once music has been submitted, a \$60 per piece of music change fee will apply on any new or updated music submitted. Any music submitted late, after the due date, will also incur a \$60 per piece of music fine.

Please see Appendix 1 for Music Submission Guidelines.

## Official Athlete T-shirt

Gymsport athlete t-shirts are once again available for purchase. The athlete t-shirt is a collection item only and will need to be collected at the event. As these are a special-order item, no exchanges or refunds will be provided. To place your t-shirt order, please click [HERE](#).

**Order will close on the 28<sup>th</sup> August**

## Workshops & Athlete Social Functions

At this years events, we are offering a range of workshops and athlete social functions throughout the 3 week period. All athletes who are participating in the event are welcome to participate and there is no additional fee.

### Athlete Functions

Athlete social functions will be held throughout the competitions. These functions will be held at the competition venue upstairs in the Currumbin Room. Party food, soft drink, juice and water will be offered along with games, dancing and a photo booth. Athletes will need their accreditations to enter

the function and individuals must [RSVP HERE](#) for catering purposes. RSVP's will close on Wednesday 3rd September.

Parents / Guardians will be required to sign in the athletes within their care when they first arrive at the function. Caregivers are welcome to wait in the café and trade hall area while the function is taking place. Food and drink will be available for purchase.

These functions are for athletes to get to know each other outside of the competition floor in a fun environment. Alcohol is not permitted and if any athlete is found to be consuming alcohol, or any other substances, they will be removed by venue security.

Function Date	Time*	GymSports / Levels
Sunday 21 <sup>st</sup> September	7:30pm – 10:00pm	MAG Masters
Sunday 22 <sup>nd</sup> September	8:00pm – 10:00pm	MAG, RG & TRP
Tuesday 24 <sup>th</sup> September	8:00pm – 10:00pm	MAG & RG
Friday 27 <sup>th</sup> September	7:00pm -9:00pm	ACR (Level 4 & 5)
Sunday 29 <sup>th</sup> September	8:00pm – 10:00pm	ACR & WAG Level 7
Monday 30 <sup>th</sup> September	8:00pm – 10:00pm	WAG Level 5
Wednesday 2 <sup>nd</sup> October	7:30pm – 9:30pm	GfA
Thursday 3 <sup>rd</sup> October	8:00pm – 10:00pm	WAG Level 6
Friday 4 <sup>th</sup> October	8:00pm – 10:00pm	WAG Level 8 & 9
Sunday 6 <sup>th</sup> October	8:00pm – 10:00pm	AER & WAG

\*Please note that all function times are currently as estimate and will be confirmed following the close of entries

## Workshops

Workshop Date & Time	Who	Workshop Description
Monday 30 <sup>th</sup> September 3:00pm – 4:30pm	Athletes & Coaches	Understanding Rhythm and Movement
Monday 30 <sup>th</sup> September 5:00pm – 6:30pm	Coaches	Polishing Performances
Monday 30 <sup>th</sup> September 7:00pm – 8:30pm	Coaches	Group Routines for End of Year Performances
Sunday 6 <sup>th</sup> October 12:00pm – 1:30pm	Athletes	RADAR Technique Leaps & Jumps
Sunday 6 <sup>th</sup> October 2:00pm – 3:30pm	Athletes	RADAR Technique Illusions & Turns
Sunday 6 <sup>th</sup> October 4:00pm – 5:30pm	Athletes	RADAR Technique Conditioning & Mechanics
Sunday 6 <sup>th</sup> October Time TBC	WAG Coaches & Officials	New FIG Code (2025-2028) Deep dive
Sunday 6 <sup>th</sup> October Time TBC	WAG Coaches & Officials	Introduction to STARS!

Registration information will be sent out shortly. Workshops are open to all athletes and coaches who are participating in the event. All workshops will be held at the Gold Coast Sports and Leisure Centre.

## Medal Engraving

Onsite medal engraving will once again be offered at this years event. Medal engraving will take place within the trade hall which will be located in Hall 3, opposite the Café. Additional information around medal engraving, including days, times and cost, will be available shortly.

## Accreditation Centre Opening Hours

The accreditation centre opening hours will be published once all competition schedules are confirmed. Accreditations can only be collected during these hours so please ensure members of your team are aware. All athlete accreditation will be signed out to a club coach or admin manager – these cannot be collected individually by athletes or their parents/guardians.

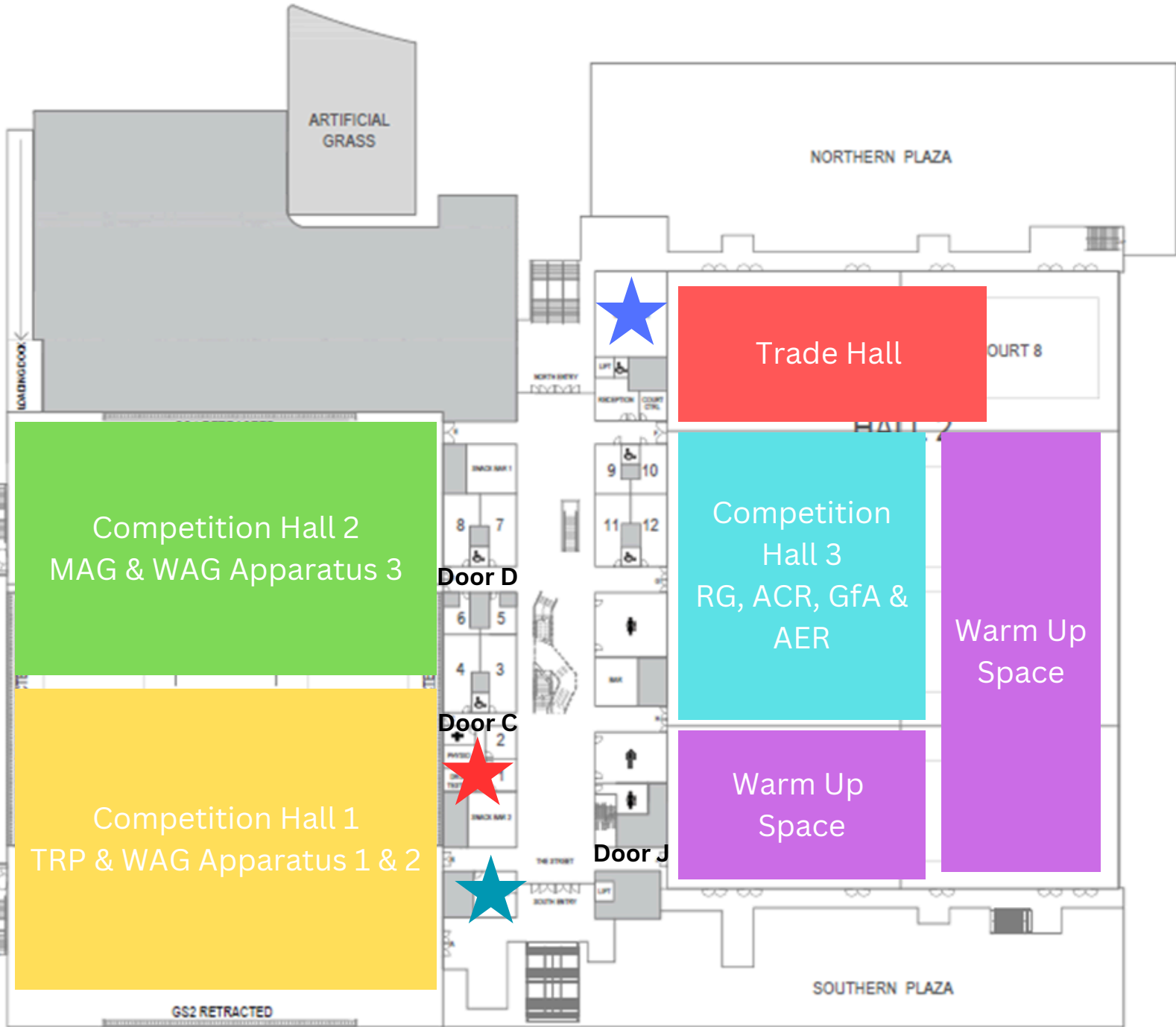
## Disclaimer

This document should be read in conjunction with the Gymnastics Australia Technical Regulations and relevant GymSport manuals. This may include but is not limited to the technical regulations and FIG Code of Points. All information in this document is subject to change. GA encourages all users to regularly check the website for updates. In the event of a conflict between this document and any other GA documents GA reserves the right to have the final ruling. If such a ruling is needed GA will publish any alterations.



# 2024 National Clubs Carnival

## Venue Map



### Competition & Warm Up Access Points

Door D: MAG & WAG Apparatus 3

Door C: TRP & WAG Apparatus 1 & 2

Door J: RG, ACR, GfA & AER

### Spectator & Other Access Points

Door B: MAG & WAG Apparatus 3

Door B: TRP & WAG Apparatus 1 & 2

Door F: RG, ACR, GfA & AER



Medical



Cafe



Accreditation Centre

## Appendix 1: Music Submission Guidelines

## ACR Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

**Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM**

Name files with First names in the order of Surnames alphabetically then a dash " - " then State then Level then Routine type.

For example        Sophie Boss  
                         Jane Phillips  
                         Clair Ziggaby

Name file> Sophie Jane Clair– NSW L8 Dynamic

Do not use underscore. Do not use commas.

A backup USB drive with copies of the gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and then made available at and before the competition for State representatives to check. Please check your music.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo.**

## AER Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

**Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM**

Name files with competitor's name then a dash " - " then State then Level.

For example: Individual                      Jane Jones – NSW L8  
    Jane Jones – NSW AG1  
    Jane Jones – NSW Snr

With Pairs, Trios and Groups use First names in the order of Surnames alphabetically then a dash " – " then State then Level

For example:

Pair	Sophie Austin Jane Phillips	Sophie Jane – NSW L8
Trio	Sophie Boss Jane Phillips Clair Ziggaby	Sophie Jane Clair – NSW AG2
Groups	Sophie Boss Suzan Collins Jane Phillips Annie Smith Jill Smith Clair Ziggaby	SophieSusanJaneAnnieJillClair – NSW Snr Group

Do not use underscore. Do not use commas.

A backup USB drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and then made available at and before the competition for State representatives to check. Please check your music.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo.**

## DISPLAY MUSIC SUBMISSION GUIDELINE

Please submit display music as **WAV** files via Dropbox.

**Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM**

Name files with display or person's name then a dash " - " then "Display" then type

For example           Starshow – Display ACR

                          Mary Smith – Display RG

Do not use underscore. Do not use commas.

A backup USB drive with a copy of the performer's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and then made available at or before the competition for a representative to check. Please check your music.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo.**

## RG Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

**Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM**

Name files with competitor's name then a dash " - " then State then Level then Apparatus.

For example:       Jane Smith – NSW Sub Jnr Hoop  
                          Jane Smith – NSW Pre Jnr Freehand  
                          Jane Smith – NSW L10 Ball  
                          Jane Smith – NSW Jnr Clubs  
                          Jane Smith – NSW Snr Ribbon

Do not use underscore. Do not use commas.

For Groups name files with competitor's First names in the order of Surnames alphabetically then a dash " - " then State then Level then " Group " then Apparatus.

For example:       Jane Austin  
                          Tegan Bellamy  
                          Mary Oatis  
                          Abbey Wilson  
                          Lisa Zigan

Name file> JaneTeganMaryAbbeyLiza – NSW Sub Jnr Group Clubs

A backup USB drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and then made available at and before the competition for State representatives to check. Please check your music.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo**.

## WAG Music Submission Guideline

Please submit competitor's music as **WAV** files via Dropbox.

**Sample Rate: 44.1 kHz, Bit Rate: 1411kbps, Bit Depth: 16bit, Stereo, PCM**

Name files with competitor name then a dash " - " then State then Level.

For example:       Jane Smith – QLD L8  
                          Jane Smith – QLD L9  
                          Jane Smith – QLD L10  
                          Jane Smith – QLD Fut  
                          Jane Smith – QLD Jnr  
                          Jane Smith – QLD Snr

Do not use underscore. Do not use commas.

A backup USB flash drive with copies of gymnast's music must be held by coaches at the event in case of technical difficulties.

Music will be tested by Novak and then made available at and before the competition for State representatives to check. Please check your music.

If you are having difficulty making WAV files, your original best quality music as a different type of file can be submitted and will be processed by Novak.

Please try to use the best quality uncompressed music files possible for all your gymnastics music. Avoid using mp3 or other lossy formats. If you need to submit **Mp3** please try to use these properties: **44.1 kHz, 320 kbps, CBR, Stereo.**