



# Men's Artistic Gymnastics Competition Work Order

Version 2

Published: 16 Septmeber 2024

### **Please note the following**

- Due to limited judge availability starting apparatus across all levels may change
- The teams with the fewer numbers will compete 1st
- This is a rotational competition. Once the team finishes on an apparatus, they will move directly to the next apparatus
- One touch warm-up is strictly 30sec per gymnast

# Division A

## Day 1 - Friday 20 September

**General Warm Up:** 1:00pm







**Open Apparatus Warm Up:** 1:20pm - 2:20pm

**Marshalling:** 2:25pm

**Competition:** 2:30pm - 5:30pm

**Presentations:** 5:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C			
Rotation 2		Group A	Group B	Group C		
Rotation 3			Group A	Group B	Group C	
Rotation 4				Group A	Group B	Group C
Rotation 5	Group C				Group A	Group B
Rotation 6	Group B	Group C				Group A

Group A	Group B	Group C
Brisbane Grammar (7) & Gungahlin Gymnastics (2)	Manly Warringah (6) & Sydney Hills Gymnastics (4)	Gold Coast (8)
Group D	Group E	Group F

Team orders are to be level 9 followed by level 10

# Division A

## Day 2 - Sunday 22 September

**General Warm Up:** 3:00pm







**Open Apparatus Warm Up:** 3:20pm - 4:20pm

**Marshalling:** 4:25pm

**Competition:** 4:30pm - 7:30pm

**Presentations:** 7:30pm

## Competition

						
Rotation 1		Group B	Group C	Group D		
Rotation 2			Group B	Group C	Group D	
Rotation 3				Group B	Group C	Group D
Rotation 4	Group D				Group B	Group C
Rotation 5	Group C	Group D				Group B
Rotation 6	Group B	Group C	Group D			

Group A	Group B	Group C
	Brisbane Grammar (7) & Gungahlin Gymnastics (2)	Manly Warringah (6) & Sydney Hills Gymnastics (4)
Group D	Group E	Group D
Gold Coast (8)		

Team orders are to be level 9 followed by level 10

# Division B

## Day 1 - Saturday 21 September

**General Warm Up:** 12:30pm







**Open Apparatus Warm Up:** 12:50pm - 1:50pm

**Marshalling:** 1:55pm

**Competition:** 2:00pm - 4:30pm

**Presentations:** 4:30pm

### Competition

						
Rotation 1	Group A	Group B	Group C			
Rotation 2		Group A	Group B	Group C		
Rotation 3			Group A	Group B	Group C	
Rotation 4				Group A	Group B	Group C
Rotation 5	Group C				Group A	Group B
Rotation 6	Group B	Group C				Group A

Group A	Group B	Group C
Sydney Hills Gymnastics (5), Essendon Kellor (4) & Gladstone (1)	Sydney Gymnastics Centre (3) & Gungahlin Gymnastics (7)	Manly Warringah Gymnastics (6) & Gold Coast Gymnastics (6)
Group D	Group E	Group F

Team orders will be level 6 followed by level 7 then level 8

# Division B

## Day 2 - Monday 23 September

**General Warm Up:** 3:00pm







**Open Apparatus Warm Up:** 3:20pm - 4:20pm

**Marshalling:** 4:25pm

**Competition:** 4:30pm - 7:00pm

**Presentations:** 7:00pm

### Competition

						
Rotation 1		Group B	Group C	Group D		
Rotation 2			Group B	Group C	Group D	
Rotation 3				Group B	Group C	Group D
Rotation 4	Group D				Group B	Group C
Rotation 5	Group C	Group D				Group B
Rotation 6	Group B	Group C	Group D			

Group A	Group B	Group C
	Sydney Hills Gymnastics (5), Essendon Kellor (4) & Gladstone (1)	Sydney Gymnastics Centre (3) & Gungahlin Gymnastics (7)
Group D	Group E	Group F
Manly Warringah Gymnastics (6) & Gold Coast Gymnastics (6)		

Team orders will be level 6 followed by level 7 then level 8

# Division C & Special Olympics

**Day 1 - Friday 20 September**

**General Warm Up:** 10:00am







**1st Apparatus Warm Up:** 10:20am

**Marshalling:** 10:25am

**Competition:** 10:30am - 12:30pm

**Presentations:** 12:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C			
Rotation 2		Group A	Group B	Group C		
Rotation 3			Group A	Group B	Group C	
Rotation 4				Group A	Group B	Group C
Rotation 5	Group C				Group A	Group B
Rotation 6	Group B	Group C	Group D			Group A

Group A	Group B	Group C
Jets (2), Y Epping (3)	Gold Coast (5) & Forefront (1)	Sydney Hills (5) & Gladstone (1) & Maroochy Beach (1)
Group D	Group E	Group F

Team orders will be level 6 followed by level 7

# Division C & Special Olympics

**Day 2 - Sunday 22 September**

**General Warm Up:** 11:30am







**1st Apparatus Warm Up:** 11:50am

**Marshalling:** 11:55am

**Competition:** 12:00pm - 2:00pm

**Presentations:** 2:00pm

## Competition

						
Rotation 1		Group B	Group C	Group D		
Rotation 2			Group B	Group C	Group D	
Rotation 3				Group B	Group C	Group D
Rotation 4	Group D				Group B	Group C
Rotation 5	Group C	Group D				Group B
Rotation 6	Group B	Group C	Group D			

Group A	Group B	Group C
	Jets (2), Y Epping (3)	Gold Coast (5) & Forefront (1)
Group D	Group E	Group F
Sydney Hills (5) & Gladstone (1) & Maroochy Beach (1)		

Team orders will be level 6 followed by level 7



# Division D (Subdivision 1)

## Day 1 - Monday 23 September

**General Warm Up:** 9:00am







**1st Apparatus Warm Up:** 9:20am

**Marshalling:** 9:25am

**Competition:** 9:30am - 11:30am

**Presentations:** 2:30pm

### Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
Gold Coast (7)	Gold Coast (7)	Forefront (7)
Group D	Group E	Group F
Skyline (6)	Essendon Kellor (4), Gungahlin (1)	Sydney Gymnastics (4)

Team orders will be level 4 followed by level 5

# Division D (Subdivision 2)

## Day 1 - Monday 23 September

**General Warm Up:** 12:00pm







**1st Apparatus Warm Up:** 12:20pm

**Marshalling:** 12:25pm

**Competition:** 12:30pm - 2:30pm

**Presentations:** 2:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
BTYC (5)	Sydney Hills (8)	Gladstone (3), Manly Warringah (3)
Group D	Group E	Group F
Maroochy Beach (9)	Aussie Gems (6)	Splitz Gym (3)

Team orders will be level 4 followed by level 5

# Division D (Subdivision 1)

**Day 2 - Tuesday 24 September**

**General Warm Up:** 12:00pm







**1st Apparatus Warm Up:** 12:20pm

**Marshalling:** 12:25pm

**Competition:** 12:30pm - 2:30pm

**Presentations:** 5:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
Sydney Gymnastics (4)	Gold Coast (7)	Gold Coast (7)
Group D	Group E	Group F
Forefront (7)	Skyline (6)	Essendon Kellor (4), Gungahlin (1)

Team orders will be level 4 followed by level 5

# Division D (Subdivision 2)

**Day 2 - Tuesday 24 September**

**General Warm Up:** 3:00pm







**1st Apparatus Warm Up:** 3:20pm

**Marshalling:** 3:25pm

**Competition:** 3:30pm - 5:30pm

**Presentations:** 5:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
Splitz Gym (3)	BTYC (5)	Sydney Hills (8)
Group D	Group E	Group F
Gladstone (3), Manly Warringah (3)	Maroochy Beach (9)	Aussie Gems (6)

Team orders will be level 4 followed by level 5

# Division E

## Day 1 - Tuesday 24 September

**General Warm Up:** 9:00am







**1st Apparatus Warm Up:** 9:20am

**Marshalling:** 9:25am

**Competition:** 9:30am - 11:30am

**Presentations:** 11:30am

### Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
Sydney Hills (7)	Skyline (5)	Manly Warringah (4), Gladstone & Sydney Gymnastics (4)
Group D	Group E	Group F
Maroochy Beach (10)	Gold Coast (7)	Aussie Gems (8)

# Division E

## Day 2 - Wednesday 25 September

**General Warm Up:** 10:00am







**1st Apparatus Warm Up:** 10:20am

**Marshalling:** 10:25am

**Competition:** 10:30am - 12:30pm

**Presentations:** 12:30pm

### Competition

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

Group A	Group B	Group C
Aussie Gems (8)	Sydney Hills (7)	Skyline (5)
Group D	Group E	Group F
Manly Warringah (4), Gladstone & Sydney Gymnastics (4)	Maroochy Beach (10)	Gold Coast (7)

# Masters

**Saturday 21 September**







**General Warm Up:** 5:00pm

**Apparatus Warm Up:** 5:10pm

**Competition:** 5:30pm - 7:30pm

**Presentations:** 7:30pm

## Competition

						
Rotation 1	Group A	Group B	Group C			
Rotation 2		Group A	Group B	Group C		
Rotation 3			Group A	Group B	Group C	
Rotation 4				Group A	Group B	Group C
Rotation 5	Group C				Group A	Group B
Rotation 6	Group B	Group C				Group A

Group A	Group B	Group C
Gold Coast (5)	Australian Academy (4)	Manly Warringah (4), Forefront (1)