



# MAG Competition Work Order

Version 1

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# Important Information

- Due to limited judge availability starting apparatus across all levels may change
- The teams with the fewer numbers will compete 1st
- This is a rotational competition. Once the team finishes on an apparatus, they will move directly to the next apparatus
- One touch warm-up is strictly 30sec per gymnast

# Division B - Day 1

*Saturday 20 September*

**General Warm Up:** 9:00am - 9:20am

**Apparatus Warm Up:** 9:20am - 10:20am

**Competition:** 10:30am - 1:00pm

## Apparatus Warm Up

Clubs will commence warm up on their second competition apparatus and rotate through six (6) x 10-minute apparatus warm up rotations, concluding on their competition starting apparatus.

## Competition Order

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A:** Mitchelton Youth Club (7)

**Group B:** Skyline Gymnastics Academy (7)

**Group C:** Gold Coast Gymnastics Club (8)

**Group D:** Barron Valley Gymnastics Club (3) & Gungahlin Gymnastics (3)

**Group E:** Castle Hill Gymnastics (6)

**Group F:** Northern Districts Gymnastic Club (1) Maroochy Beach Gymnastics (1) Sydney Gymnastics Centre (2) Tea Tree Gully Gymsports (3)

# Masters

*Saturday 20 September*

**General Warm Up:** 1:30pm - 1:50pm

**Competition:** 2:00pm - 4:00pm

## Competition Order

						
Rotation 1	Group A	Group B				
Rotation 2		Group A	Group B			
Rotation 3			Group A	Group B		
Rotation 4				Group A	Group B	
Rotation 5					Group A	Group B
Rotation 6	Group B					Group A

**Group A:** Gold Coast Gymnastics Club (5)

**Group B:** Mitchelton Youth Club (8)

# Division A - Day 1

*Saturday 20 September*

**General Warm Up:** 4:30pm - 4:50pm

**Open Apparatus Warm Up:** 4:50pm - 5:50pm

**Competition:** 6:00pm - 8:30pm

## Apparatus Warm Up

Apparatus warm up will be open for the hour allocated. There will be no formal set rotations

## Competition Order

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	
Rotation 2		Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E		Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E		Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E		Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E		Group A

**Group A:** National Training Centre (2) Maroochy Beach Gymnastics (1) Mitchelton Youth Club (4)

**Group B:** Gold Coast Gymnastics Club (8)

**Group C:** GNSW High Performance Centre (1) Brisbane Grammar (2) National Training Centre (2)

**Group D:** Sydney Hills Gymnastics (1) BK's gymnastics All Star Academy (1) GNSW High Performance Centre (6)

**Group E:** Brisbane Grammar (4) Castle Hill Gymnastics (4)

# Division C, D & Special Olympics - Day 1

## *Sunday 21 September*

**General Warm Up:** 11:00am - 11:20am

**Competition:** 11:30am - 2:30pm

### Competition Order

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A:** Division C: Gold Coast Gymnastics Club (4) Tea Tree Gully Gymsports (2) Mitchelton Youth Club (5)

**Group B:** Division D: Castle Hill Gymnastics (4) Woden Valley Gymnastics Club (6)

**Group C:** Division D: Tea Tree Gully Gymsports (2) Territory Gymnastics Academy (1) Mitchelton Youth Club (5) SO: Goodna & Districts Gymnastics Club (1) Jets Gymnastics Grovedale (1)

**Group D:** Division D: Gold Coast Gymnastics Club (8)

**Group E:** Division D: Aussie Gems Gymnastics Club (8)

**Group F:** Division D: Gungahlin Gymnastics (4) Northern Districts Gymnastic Club (5)

# Division B - Day 2

*Monday 22 September*

**General Warm Up:** 10:30am - 10:50am

**Apparatus Warm Up:** 10:50am - 11:50am

**Competition:** 12:00pm - 2:30pm

## Apparatus Warm Up

Clubs will commence warm up on their second competition apparatus and rotate through six (6) x 10-minute apparatus warm up rotations, concluding on their competition starting apparatus.

## Competition Order

						
Rotation 1	Group A	Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F	Group A	Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F	Group A	Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F	Group A	Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F	Group A	Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	Group A

**Group A:** Northern Districts Gymnastic Club (1) Maroochy Beach Gymnastics (1) Sydney Gymnastics Centre (2) Tea Tree Gully Gymsports (3)

**Group B:** Mitchelton Youth Club (7)

**Group C:** Skyline Gymnastics Academy (7)

**Group D:** Gold Coast Gymnastics Club (8)

**Group E:** Barron Valley Gymnastics Club (3) & Gungahlin Gymnastics (3)

**Group F:** Castle Hill Gymnastics (6)

# Division A - Day 2

*Monday 22 September*

**General Warm Up:** 3:30pm - 3:50pm

**Open Apparatus Warm Up:** 3:50pm - 4:50pm

**Competition:** 5:00pm - 7:30pm

## Apparatus Warm Up

Apparatus warm up will be open for the hour allocated. There will be no formal set rotations

## Competition Order

						
Rotation 1		Group B	Group C	Group D	Group E	Group F
Rotation 2	Group F		Group B	Group C	Group D	Group E
Rotation 3	Group E	Group F		Group B	Group C	Group D
Rotation 4	Group D	Group E	Group F		Group B	Group C
Rotation 5	Group C	Group D	Group E	Group F		Group B
Rotation 6	Group B	Group C	Group D	Group E	Group F	

**Group B:** Maroochy Beach Gymnastics (1) National Training Centre (2)  
Mitchelton Youth Club (4)

**Group C:** Gold Coast Gymnastics Club (8)

**Group D:** NSW High Performance Centre (1) Brisbane Grammar (2)  
National Training Centre (2)

**Group E:** Sydney Hills Gymnastics (1) BK's gymnastics All Star Academy (1)  
NSW High Performance Centre (6)

**Group F:** Brisbane Grammar (4) Castle Hill Gymnastics (4)

# Division C, D & Special Olympics - Day 2

## *Tuesday 23 September*

**General Warm Up:** 11:30am - 11:50am

**Competition:** 12:00pm - 3:00pm

### Competition Order

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F	Group A	Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E	Group F	Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F	Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F	Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	Group A

**Group A: Division D:** Gungahlin Gymnastics (4) Northern Districts  
Gymnastic Club (5)

**Group B:** Division C: Gold Coast Gymnastics Club (4) Mitchelton Youth  
Club (5) Tea Tree Gully Gymsports (2)

**Group C:** Division D: Castle Hill Gymnastics (4) Woden Valley Gymnastics  
Club (6)

**Group D:** Division D: Mitchelton Youth Club (5) Tea Tree Gully Gymsports  
(2) Territory Gymnastics Academy (1) SO: Goodna & Districts Gymnastics  
Club (1) Jets Gymnastics Grovedale (1)

**Group E:** Division D: Gold Coast Gymnastics Club (8)

**Group F:** Division D: Aussie Gems Gymnastics Club (8)

# Division E - Day 1

*Tuesday 23 September*

**General Warm Up:** 3:30pm - 3:50pm

**Competition:** 4:00pm - 6:30pm

## Competition Order

						
<b>Rotation 1</b>	Group A	Group B	Group C	Group D	Group E	
<b>Rotation 2</b>		Group A	Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E		Group A	Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E		Group A	Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E		Group A	Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E		Group A

**Group A:** Mitchelton Youth Club - Team Green (4) Woden Valley Gymnastics Club (5)

**Group B:** Gold Coast Gymnastics Club (6)

**Group C:** Mitchelton Youth Club - Team Blue (8)

**Group D:** Aussie Gems Gymnastics Club (8)

**Group E:** Castle Hill Gymnastics (4) Tea Tree Gully Gymsports (2)

# Division E - Day 2

*Wednesday 24 September*

**General Warm Up:** 12:00pm - 12:20pm

**Competition:** 12:30pm - 3:00pm

## Competition Order

						
<b>Rotation 1</b>		Group B	Group C	Group D	Group E	Group F
<b>Rotation 2</b>	Group F		Group B	Group C	Group D	Group E
<b>Rotation 3</b>	Group E	Group F		Group B	Group C	Group D
<b>Rotation 4</b>	Group D	Group E	Group F		Group B	Group C
<b>Rotation 5</b>	Group C	Group D	Group E	Group F		Group B
<b>Rotation 6</b>	Group B	Group C	Group D	Group E	Group F	

**Group B:** Mitchelton Youth Club - Team Green (4) Woden Valley Gymnastics Club (5)

**Group C:** Gold Coast Gymnastics Club (6)

**Group D:** Mitchelton Youth Club - Team Blue (8)

**Group E:** Aussie Gems Gymnastics Club (8)

**Group F:** Castle Hill Gymnastics (4) Tea Tree Gully Gymsports (2)